

# PEDIATRIC MENTAL HEALTH IN PRIMARY CARE

Friday, November 3, 2023 8:00 a.m.-3:00 p.m.

In-person at the Ingleside Hotel or Live Online

#### **FEATURED SPEAKERS**

#### Ellen M. Selkie, MD, MPH

Assistant Professor, Adolescent Medicine Department of Pediatrics, University of Wisconsin School of Medicine and Public Health

#### Lisa M. Horowitz, PhD, MPH

Senior Associate Scientist / Pediatric Psychologist National Institute of Mental Health, NIH

#### John T. Walkup, MD

Margaret C. Osterman Professor of Psychiatry Chair, Pritzker Department of Psychiatry and Behavioral Health

Ann and Robert H. Lurie Children's Hospital of Chicago

Northwestern University Feinberg School of Medicine

#### Elizabeth Wallis, MD, MSHP, FAAP

Associate Professor, Departments of Pediatrics and Psychiatry Director, Division of Adolescent Medicine and MUSC Health Center for Eating Disorders Medical Director, Foster Care Support Clinic Medical University of South Carolina



### **AGENDA**

FRIDAY, NOVEMBER 3, 2023 8:00 a.m. – 3:00 p.m.

8:00-8:45 a.m. Registration and Breakfast

8:45-9:00 a.m. Opening Remarks

Jon Lehrmann, MD

9:00-10:00 a.m. Anxiety in Pediatric Patients: Assessment,

Diagnosis, and Treatment

Elizabeth Wallis, MD, MSHP, FAAP

Identify the ways that pediatric anxiety disorders may present in the primary care setting. Discuss the evaluation of anxiety and approach to treatment of anxiety in children and adolescents and describe pharmacological and therapy approaches to the treatment of anxiety.

10:00-10:30 a.m. Break

10:30-11:30 a.m. Suicide Risk Screening in Pediatric Primary

Care: From Research to Practice
Lisa M. Horowitz. PhD. MPH\*

Identify the public health crisis of youth suicide, including significant demographic disparities and describe how a three-tiered suicide risk screening clinical pathway can be feasibly implemented within pediatric primary care settings.

\*Presenting Virtually

11:30-12:30 p.m. Lunch

12:30-1:30 p.m. Psychopharm for the Pediatric Provider

John T. Walkup, MD

Identify the presenting symptom profiles of children who are likely to require medication management and discuss the beginner, intermediate, and advanced levels of psychopharmacology in pediatric primary care.

1:30-1:45 p.m. Break

1:45-2:45 p.m. Effects of Social Media on Pediatric

Mental Health

Ellen M. Selkie, MD, MPH

Identify both the negative and the positive aspects of social media in relation to mental health and conduct an online safety assessment and plan to address social media's impact on mental health in your practice.

2:45-3:00 p.m. Closing Remarks

#### **REGISTER:**

Log on to ocpe.mcw.edu and create an account or log in with an existing account. Enter all of the required (\*) information.

Under Featured Courses, select Pediatric Mental Health in Primary Care or CLICK HERE.

#### **FEES**

Registration is required and fees are non-refundable. Fee includes registration, course materials, CME certification and MOC part II credits for pediatricians.

General Attendees

Fellows and residents

Students

□ \$100
□ \$25
No charge\*

#### **CONFERENCE LOCATION**

Ingleside Hotel, Oakton Ballroom 2810 Golf Rd Pewaukee, WI 53072

Participants have until Thursday, November 2, 2023, to book a room at the Ingleside Hotel, click here to book your room online or contact the hotel at 262-547-0201.

#### SPECIAL NEEDS OR FOR MORE INFORMATION

Please contact wicpcp@mcw.edu if you require special accommodations or have additional questions.

#### **COURSE PLANNING COMMITTEE**

Co-Directors of Activity:

Rosa Kim, MD Colleen Manak, MD

Committee Members:

Wendy Barton, MD
Grace Bayer
Katelyn Frankwick, PA-C
Melissa Hayes, MEd
Matthew Jandrisevits, PhD
Kristen Krause

Kia LaBracke
Christina Lium, MPH
Betsy Manor, MD
Lauren Mayer, APNP
Elizabeth Nelson, MA
Kimberly Nesseth, RN





#### **ACCME ACCREDITATION STATEMENT**

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### AMA CREDIT DESIGNATION STATEMENT

The Medical College of Wisconsin designates this Live Activity for a maximum of 4.0 *AMA PRA Category 1 Credit(s)* $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## HOURS OF PARTICIPATION FOR ALLIED HEALTH CARE PROFESSIONALS

The Medical College of Wisconsin designates this activity for up to 4.0 hours of participation for continuing education for allied health professionals.

Participation shared with ABP through PARS: Individual participants' information will be shared with ABP through the ACCME Program and Activity Reporting System (PARS).

#### **ABP MOC POINTS**

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 4 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

#### **AANP ACCREDITATION STATEMENT**

Medical College of Wisconsin, Inc. is approved as a provider of nurse practitioner continuing education by the American Association of Nurse Practitioners: AANP Provider Number 150930. This program has been approved for up to 3.75 contact hours of continuing education (which includes 1 hour(s) of pharmacology). Nurse Practitioners should claim only those hours actually spent participating in the CME activity.

#### **AAPA ACCREDITATION STATEMENT**

This program has been reviewed and is approved for a maximum of 4 hour(s) of AAPA Category 1 CME credit(s) by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity.

<sup>\*</sup>This course is complimentary for students; however, registration is required.

For instructions on how to receive your complimentary registration, contact wicpcp@mcw.edu