

PROVIDER CONSULTATION GUIDE



This handy guide outlines information that may be helpful to include in your consultation query. Please note that these details are not required to receive consultation. As always, please be mindful of not accessing the CPCP in the presence of patients/families.

What the CPCP will definitely need to know:

Child's age / gender

What are the consultation questions?

Further information that the CPCP might ask:

How long has the current problem been noted (new-onset / chronic / recurrent)?

Why is this issue coming up now?

Is / was the child in a foster care / out-of-home placement?

Where is the current problem notable (home / school / community / other place)?

Current mental health diagnosis or presenting issues / medical conditions

Current / previous mental health treater(s), if known

Current / previous medication(s)

Previous tests or diagnostics

What might be helpful to know:

Past mental health treatment

(psychotherapy / inpatient hospitalization / wraparound services / residential treatment / case management)

Past psychotropic medication trials and immediate family medication trials

Any history of abuse / neglect / trauma

Any cognitive / intellectual / developmental delays

History of self-injury / suicide attempt / aggression towards others