WI CPCP Community Advisory Committee Meeting Minutes January 15, 2025

Committee Members present: Tessa Vance, Karen Katz, Bethany Weinert, MD, Nichole Marty, FNP-B, Rosa Kim, MD, Heidi Massey, Elizabeth Nelson

Committee Members absent: Scott Radtke, Suzanne Wright, MD, Andrea Chao, M, Angela Lunn, NP, Michelle Lund

Introductions & Committee Business

Welcome new member, Nichole Marty, FNP-BC, of Oak Leaf Pediatrics, in Eau Claire.

News from members' practices or organizations:

- Karen Katz OCMH released our 2024 annual report last Friday, a 10-year reflection on children's mental health celebrating OCMH's 10th anniversary. <u>https://children.wi.gov/Pages/ResearchData/AnnualReport.aspx</u>
- Bethany Weinert Children's Wisconsin has implemented an integrated behavioral health program, with the intention to have a BH specialist in every clinic. The program is currently going through some adjustments, with retention of BHCs an ongoing a challenge.
- Tessa Vance The Wisconsin Women's Health Foundation revamped and rebranded their youth wellness hub. It's a mental and behavioral health resource navigator for families and clinicians.
- Nichole Marty At Oak Leaf Pediatrics the biggest struggles that everybody in Eau Claire talks about is access to child psych. It's almost nonexistent. WI CPCP has been a "life saver" for the practice.
- Heidi Massey DHS is working at different levels of many agencies to support additional community work across the State to
 address the lack of access to psychiatric and behavioral health services. One example is a mental health-focused conference coming
 up in May, sponsored by the Wisconsin chapter of the American Academy of Pediatrics.

Wisconsin Child Psychiatry Consultation Program (WI CPCP) Updates

PMHPC Conference set for Friday, November 7, 2025. CAC members receive complimentary registration, and the conference can be attended in-person or virtually. Topics, which were selected based on surveying enrolled PCPs, will be: Psychosis, Substance Abuse, Psychopharmacology, and Suicidal Patients in the Office. Speakers are being finalized.

Two new on-line CME modules were released January 6: OCD and Mental Health and Schools. New education modules are produced and released every two years, alternating with WI CPCP's biannual conference.

The potential for a comprehensive psychiatry consultation program in Wisconsin continues and looks stronger than ever this year, with legislative support for funding building. The idea is to add consultation services across the lifespan, including geriatrics, substance abuse, and veterans' mental health, with WI CPCP and the Periscope Program (for perinatal MBH issues) as the base to build upon.

Discussion:

Ideas for increasing uptake of WI CPCP's clinic staff education were offered: using a lunch & learn format and possibly partnering with another organization such as PATCH.

The group concurred that PCPs may be reluctant to open up MBH topics with patients due to time constraints and lack of resources. Nichole described details of how consulting with WI CPCP fits into her patient care workflow and the value of the program to her practice.