

WI CPCP Community Advisory Committee Meeting Minutes

Date: Wednesday, January 17, 2024

Time: 12:15 – 1:00pm

Committee Members present: Andrea Chao, MD (South Region), Angela Lunn, NP (North Region), Bethany Weinert, MD (Southeast Region), Emily Sullivan (Wisconsin Women’s Health Foundation), Scott Radtke (Catalpa), Rosa Kim, MD (Medical Director), Heidi Massey (DHS Liaison), Elizabeth Nelson (Program Mgr)

Committee Members Absent: Peter Roloff, MD (Southeast Region), Trina Kaiser, APNP (West Region), Jolyne Check Ostrowski, APNP (North Region), Karen Kujawski (NAMI).

AGENDA TOPICS	NOTES
<p>Introductions & Committee Business</p>	<p>Members introduced themselves and shared news from their practice or organization. All 3 PCP members attending noted that their health systems have added additional MBH support (peer-to-peer, e-consult, telemed psychiatry). WellBadger has partnered with Regional Centers, now known as Children’s Resource Centers. Catalpa noted an uptick in children connected to psychiatry services last year compared to 2022. DHS has HRSA funding to support new pediatric MBH initiatives focused on schools and EDs. Grants will be awarded to selected applicants soon.</p>
<p>Wisconsin Child Psychiatry Consultation Program (WI CPCP) Updates</p> <ol style="list-style-type: none"> 1. Check-in meeting revitalization and compassion resiliency support to PCPs 2. Autism diagnosis process advocacy inquiry responses 3. Education offerings 	<p>Dr. Rosa Kim gave a detailed WI CPCP update:</p> <ol style="list-style-type: none"> 1. Check-in meeting revitalization was a goal WI CPCP set for FY24 (current year) to ensure we use our time with clinics wisely and provide the best support to PCPs we can. During the check-in meeting process, compassion resiliency to PCPs comes up organically. This often involves validating and acknowledging the lack of evidence base for the treatment of children’s psychiatric conditions. The WI CPCP clinicians review check-in meeting experiences at break-out sessions during monthly team meetings and seek to identify opportunities to support PCPs experiencing burnout. 2. Following up on the issue of barriers to timely diagnosis of autism, which was discussed by the CAC in July 2023, Dr. Kathleen Koth, an autism expert at MCW, recently had a small grant to train pediatricians to make official autism diagnoses. A barrier was found to be health systems’ unwillingness to give pediatricians the time away from direct patient care to take the training. Pathways are being developed to lead to earlier diagnosis. Additional funding is being sought to offer the training to more pediatric PCPs, for which Dr. Kim will serve in an advisory capacity to Dr. Koth. Dr. Chao and Angela Lunn expressed interest in participating in autism diagnosis training. Dr. Kim will ensure Dr. Koth is aware of their interest and will keep the CAC informed of developments. 3. <ol style="list-style-type: none"> a. On-line CME modules all have been updated, with two new modules added in 2023: Eating Disorders and LGBTQ+. Uptake on the new modules has been high. b. WI CPCP’s bi-annual Pediatric Mental Health in Primary Care Conference was held on November 3, 2023, in-person as well as on Zoom. Attendance was 140+ and feedback was positive. The next conference will be held in November 2025.

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<p>4. Comprehensive consultation program update</p>	<p>c. WI CPCP’s Clinic Staff Education program is launching very soon. Originating from a CAC-generated idea, the program is designed to provide training for staff who support pediatric PCPs. Based on a needs assessment survey, learning modules have been developed on the topics of Suicidality, Behavioral Dysregulation, and Medication Side Effects. Individuals or groups can watch the modules online. In addition, WI CPCP’s psychiatric nurse will provide live education to clinic staff where PCPs are enrolled in WI CPCP. A web page with information and links will be added to WI CPCP site soon and an email promoting the program will go to all participating clinics announcing the launch. Drs. Weinert and Chao expressed interest in having this training made available to their staff asap.</p> <p>4. MCW continues to advocate for legislative support and funding to expand the WI CPCP to a comprehensive teleconsultation program that would provide support, via PCPs, to all Wisconsin residents across the lifespan. Building this atop WI CPCP’s currently successful model would offer additional efficiencies, and MCW continues to meet with legislators and stakeholders to help move this along. At a recent conference, a participating PCP independently voiced her support for expansion to the WI CPCP coordinators and offered her legislator spouse’s contact information as someone with whom MCW Government Relations might partner.</p>
<p>CAC Input:</p> <ul style="list-style-type: none"> ○ What MBH issues are most problematic for you to manage in your practice/ the community? ○ What can WI CPCP do or change to better support PCPs? 	<p>Chronic and unpredictable ADHD medication shortages continue to be a problem for PCPs. Dr. Kim reminded the group that WI CPCP clinicians are always available to provide medication substitution guidance.</p>
<p>Action items for WI CPCP</p>	<p>Send calendar invitation for next CAC meeting on July 17, 2024, to members. Ensure CAC member clinics are among the first to receive information about Clinic Staff Education.</p>