

January 18, 2023 WI CPCP Community Advisory Committee Meeting Minutes

Committee Members Present: Andrea Chao, MD (South Region), Bethany Weinert, MD (Southeast Region), Jolyne Check Ostrowski, APNP (North Region), Karen Kujawski (National Alliance on Mental Illness), Scott Radtke (Catalpa), Peter Roloff, MD (Northeast Region), Rosa Kim, MD (WI CPCP Medical Director) Elizabeth Nelson (WI CPCP Program Manager) **Guest:** Rebecca Gonnering (DHS) **Committee Members Absent:** Karen Kujawski (National Alliance on Mental Illness), Leah Ludlum (DHS Liaison)

AGENDA TOPICS	NOTES
Introductions & committee business	Attendees introduced themselves. The group welcomed a new member, Jolyne Check-Ostrowski, Pediatric APNP representing the North Region. The retirement from practice of Dr. Catherine Reuter was noted, creating an open position on the CAC for a Western Region PCP representative.
WI CPCP Updates led by Dr. Kim <ul style="list-style-type: none"> • Education updates <ul style="list-style-type: none"> ○ Upgraded CME Modules ○ Case Conference Series ○ Clinic staff Education ○ 2023 Pediatric Mental Health for Primary Care Conference • Call to Action from DHS 	<p>WI CPCP's 10 existing on-line CME modules were re-released on January 5 in a more engaging format with the addition of video clips featuring clinical pearls from WI CPCP clinicians. Additional modules for 2023 are Eating Disorders and LGBTQ+ Issues. Planned modules for 2024 are OCD and school issues. Topic selections are based on PCP requests.</p> <p>The first two sessions of the quarterly case conference series were well attended. Next up, on Feb. 8 is "Inheriting Patients on Complicated Medication Regimens". Case conferences will continue after the pilot year is completed, with topics selected based on PCP input. Details of how the CCS was designed & delivered came directly from this group's input.</p> <p>A psychiatric nurse has been hired to develop clinic staff education on topics most requested by PCPs for their staff: suicide prevention, self-injurious behavior, emotional dysregulation, and triage of psychiatric medication questions. Educational content will be presented in a series of short (15 minute) videos that staff can view at any time. The group agreed that short videos are a good approach, particularly considering staffing shortages and demands on staff time.</p> <p>Every two years, WI CPCP holds a CME conference featuring regionally and nationally recognized speakers. This year we are offering in-person or virtual (live-streamed) attendance. The event will be held at the Ingleside Hotel in Pewaukee on November 3, 2023.</p> <p>Liz shared that the DHS Call-to-Action described to the committee in July by Leah was sent to over 36,000 DHS list serve members in late September. Karen K. attested that she received it and finds it very useful. Dr. Roloff stated that Ascension PCPs pay close attention to DHS communications.</p>
CAC Input: open discussion	<p>Dr. Chao asked about including hand-outs on the website listing side effects of medications such as guanfacine. Dr. Kim discussed the complexity of psychiatric medication management in the pediatric population, including frequency of off-label use and advises requesting side effect information from WI CPCP as the need arises. Additional discussion about how to support families led to Karen sharing that NAMI is a great resource for family support and that local NAMI affiliates are located across the state.</p> <p>Compassion resiliency was discussed with several members echoing the need for support for all who regularly work with individuals experiencing mental health issues.</p> <p>Dr. Kim reminded everyone that WI CPCP is open to ideas and suggestions from CAC members at any time.</p>
Next Meeting	Wednesday July 19, 2023, at 12:15 PM