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December 2023 Newsletter

Thank you to all who attended the WI CPCP Pediatric Mental Health in Primary Care Conference on November 3, 2023.



More than **140 attendees**, half of them in-person and half virtual, heard talks from nationally recognized experts on anxiety, suicide prevention, the effects of social media on pediatric mental health, and psychopharmacology.

The entire WI CPCP team was delighted to provide this learning opportunity to Wisconsin's pediatric primary care providers. We hope to see you all again in 2025, for the next Pediatric Mental Health in Primary Care Conference.

Consultation Case Study

Presenting Problem:

A participating PCP recently reached out to WI CPCP with a consultation request concerning the diagnosis of ADHD. The PCP acknowledged that ADHD is a diagnosis of exclusion, requiring the elimination of other conditions that might mimic its symptoms. Given their busy schedule and long wait times for neuropsychological testing and counseling referrals, the PCP sought advice on how to efficiently navigate this diagnostic process. Read more

Resources

- [ADHD: Beyond the Basics](#)
- [Trauma-Informed Primary Care](#)

- [Child Traumatic Stress Care Process Model \(CPM\)](#) – Why **Focus on Trauma in Children:** Childhood traumatic stress is the intense fear and stress response occurring when children are exposed to potentially traumatic experiences that overwhelm their ability to cope with what they have experienced.
- Eating Disorders in Pediatric Patients

Resources for Parents and Caretakers:

- [Shaping Destiny: Overcoming Adverse Childhood Experiences \(ACEs\) by Building Youth Resilience](#)
- [The Truth About ACEs](#)
- [Strategies to Build Resiliency](#)
- [Maintaining the Truth: A Parent and Caretaker's Guide to Helping Children and Adolescents Accept Their Gifts](#)
- [Why Self-Care Is Essential to Parenting: Caring for children with intense needs can take an emotional \(and physical\) toll on parents](#)

Case Conference Series

Behavioral Interventions in Young Children

Presenter: Jacqueline Kawa, PhD - Pediatric Psychologist

Date: Wednesday, February 21, 2024

Time: 12:10-1:00 PM



REGISTER NOW

Depression Beyond Basics

Presenter: Erica Larson, DO - Child & Adolescent Psychiatrist

Date: Wednesday, May 15, 2024

Time: 12:10-1:00 PM



REGISTER NOW

For more information, please reach out to: WICPCP@mcw.edu

WI CPCP will be CLOSED to observe:

Christmas Eve - Monday, December 25th

Christmas Day - Tuesday, December 26th

New Year's Day - Monday, January 1st

[View Past WI CPCP Newsletters](#)

For consultation questions, contact us Monday through Friday, 8 a.m.-5 p.m.

Email: wicpcp@mcw.edu for a 1-business day response.

Phone: 414-955-2460 or toll-free: 1-877-674-2689 for a response within 30 minutes.



Topics covered in this publication are for educational purposes only. The content is to inform, not to encourage or endorse. The WI CPCP has no financial conflicts of interest regarding this material.

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8701 Watertown Plank Road

Milwaukee, WI 53226

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